

Hearts ON THE Go

www.HeartsatHome.org

FOR LEADERS



1509 N. Clinton Blvd. · Bloomington, IL 61701 · (309) 828-MOMS · hearts@hearts-at-home.org
momsgroups@hearts-at-home.org

A Quarterly Newsletter *Just* For Leaders of Moms

Fall 2011

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I once read that there are two types of people in this world: those that walk into a room and say, "Here I am," and those who walk into a room and say, "There you are!" When I heard that statement I grabbed on to it as a women's ministry leader.



Many women walk into a new setting with a "Here I am" mindset. *Okay, I'm here. Come talk to me. Come make me feel comfortable.* Unfortunately most women in an established group stick to who they know rather than looking around to see who they don't know. As a leader I wanted to change that. I wanted our ministry to be warm and welcoming to someone new walking in the door. I longed for our women to see someone new and reach out to them. *There you are! You look interesting to talk to. I'd like to help you feel comfortable.*

Part of being a leader is casting vision, so I cast my vision far and wide. I shared strategies for meeting someone new and how to offer a firm handshake and start a conversation. (Yes, there are many women who have never been taught how to do that.) Then we practiced with one another with some fun

mixers.

After learning how to connect, we learned to network. If I meet a mom who has twins, I need to think of who else she needs to know. I might say, *"Oh, you have twins. Do you know Sue over there in the blue shirt? She has a set of twins, too!"* Then we walk across the room so I can introduce her to Sue.

It took several weeks of casting vision, teaching strategies, and practicing, but we soon became known as the friendliest moms group in town. And at the start of each new year, we'd repeat the process all over again so we could keep our group a "There you are!" group!

May you and I be "There you are!" leaders as we see others through God's eyes.

Keeping hearts at home,
Jill Savage

Need a speaker for your next women's event? Check out www.jillsavage.org to bring Jill to your event!



Hearts at Home helps you...

- Prioritize time for yourself to better care for your family.
- Experience a newfound strength through a deeper friendship with God.
- Conquer the fear of failing your child.
- Increase your impact by treating the job of mom as seriously as a career.
- Set suitable boundaries between your kids' wants and needs.

www.HeartsAtHome.org

Welcoming New Members

Attending a new women's group or Bible study the first time can be hard for a mom. The following tips can help you welcome new members to your group.

- Be sure that a group member is at the door to assist moms as they arrive at your meeting. Having someone provide a friendly greeting and show them where the meeting is taking place can ease new members' anxiety.
- Prepare a Welcome Packet containing important information about your group. Include group policies, meeting schedule, and contact information for group leaders. You might also consider including a photo directory of the groups' members to help new moms connect names and faces.
- Check-in with new members during the week following their first meeting. Call each new mom to see if she has any questions about the group and to encourage her to come to the next meeting.



What other leaders are saying about Hearts at Home



When you go to the Hearts at Home website, you will be delighted at the amount of information and encouragement available to moms every single day. Their new motto is 'the go-to place for moms' and boy is it ever! My sons are almost grown now, but I am still learning valuable insights into how to be a better mother at every stage of life.

It doesn't matter if you work outside the home, inside the home, on top of the home, or in your car (and who doesn't!).

It doesn't matter if you are married, single, divorced, blended, step, or somewhere in between, your family will benefit from everything you take away from Hearts at Home!

Sally Baucke

Comedian, Speaker, and Mom

There's Still Time To Register for the Hearts at Home Conferences!



Enjoy a weekend away with your group!

You and your group members will be encouraged and refreshed as you experience the energy, humor, and education present in the main sessions and workshops.

A registration discount is available when groups of 10 or more register by the early registration deadline. Hotel rooms are available at a discount.

Please go to www.heartsathome.org

for registration information.

After all, nothing brings a group closer together than a "Girls Only Weekend!"

Looking for books for your group?

Would you like to do a book study with your group? Did you know that many Hearts at Home books contain discussion guides or end-of-chapter questions to help you do just that? Visit www.HeartsatHome.org and click on "Books" at the top of the page to find out more about the following books that are perfect for group study.

*Real Moms, Real Jesus
The Mom I Want to Be
Got Teens?
The Mother Load
My Heart's at Home
Is There Really Sex After Kids?*

*Balance That Works When Life Doesn't
Professionalizing Motherhood
Facing Every Mom's Fears
Becoming a Chief Home Officer
Mama Said There'd Be Days Like This*

Hearts at Home is creating discussion guides for our books that do not already contain them. We're excited to announce that the first of these, a discussion guide for *Growing Grateful Kids*, has recently been completed. In this book, Susie Larson uses simple language and biblical applications to help readers understand that growing grateful kids means learning to be a truly grateful parent. With the newly available discussion guide, this book is now perfect for group study as well. *Growing Grateful Kids* is available in the [Heart Shoppe](#), and the discussion guide is available for free download [HERE](#).



We'd Love to Hear from You!

As we plan future issues of Hearts on the Go--for Leaders, we'd love to hear from you! Is there something about our newsletter that you love? Is there a topic you'd like to see covered in a future issue?



Email your feedback to momsgroups@HeartsatHome.org . All those who respond will be entered into a drawing to receive a copy of Jill Savage's *Creating the Moms Group You've Been Looking For*, so be sure to include your name and contact information in your email.

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Web: <http://www.heartsathome.org>