

Hearts ON THE Go

www.HeartsatHome.org

FOR LEADERS



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"We will reproduce what we are."

That statement, heard at a leadership seminar, proved to be a turning point for me as a leader. Like most leaders, my type-A, high-capacity leadership gifting has me traveling pretty fast most of the time.



Sitting at that seminar, I did some serious life evaluation: *If I'm in the reproducing business, what am I reproducing? More high capacity, stressed out, spiritually shallow leaders? I want to reproduce leaders, church members, and children who looked to God for direction. If that's my goal, it has to start with me.* I needed time to simply "be" and not "do."

I chose to pursue one quiet day a week. I didn't have a day to give up, but something had to change. Armed only with my Bible, a devotional, a journal, and a pen on that first day, the minutes seemed like hours. I squirmed thinking about my "to do" list that

wasn't getting done! Staying committed, several verses jumped out to me as I read my Bible. When I journaled my prayers, my heart felt lighter. That evening, I experienced a newfound peace.

On my second Tuesday, my "to do" list wasn't screaming as loud as the week before. By the end of that day, I had answers to two leadership decisions I had to make. And again that peace.

Five years later, I'm leading from a different place and at a different pace. I'm hearing God's voice again and craving his Word. Like me, it may go against your nature to slow down, listen, and be quiet before the Lord. However, as leaders, we have to get our marching orders from Him. If our followers reproduce *that* in their lives...we will have done our job as a leader.

Joining you in the journey,

Jill Savage

Founder and CEO of Hearts at Home

Looking for a speaker for your next women's event? Find Jill's speaking information at www.jillsavage.org.

Hearts at Home helps moms...

- Remove the guilt of not being a perfect mom.
- Improve time management to run her home more smoothly.
- Love her kids by loving her husband.
- Build a relationship with an unchanging God in an ever-changing world.
- Create the vision to successfully usher her children into adulthood.



Solving Childcare Challenges

Among the many challenges facing moms group leaders is providing care for the children of the moms in the group during meeting times. Here are some ideas for helping your childcare program run smoothly:



- *Be creative when looking for childcare workers.* If you have a university in town, post an advertisement in the College of Education. Consider advertising at retirement homes as well.
- *Be prepared for caregiver absences.* Having a substitute caregiver list can save a lot of stress on meeting days when caregivers are sick.
- *Show appreciation for your childcare workers.* Small gifts at holidays or the end of the year, pictures from the children they care for, or homemade goodies are great ways to say "Thank you!"
- *Provide structure for the childcare room(s).* Having a schedule for caregivers to follow and a special activity for the children to do, will make the experience more enjoyable for everyone.

What other leaders are saying about Hearts at Home



"As a mom of three boys, I can truly say that the Hearts at Home Conference is an oasis of encouragement in the middle of the desert. I'm not typically someone who loves retreats and conferences, but this one is an exception. The

women are real and the topics are 100% relevant. Come as you are; be ready to laugh, cry, and be inspired for the next leg of your motherhood journey."

Dr. Juli Slattery

Author, Speaker, and Family Psychologist for Focus on the Family

There's Still Time To Register for the Hearts at Home Conferences!



Enjoy a weekend away with your group!

You and your group members will be encouraged and refreshed as you experience the energy, humor, and education present in the main sessions and workshops.

A registration discount is available when groups of 10 or more register by the early registration deadline. Hotel rooms are available at a discount.

Please go to www.heartsathome.org for registration information.

After all, nothing brings a group closer together than a "Girls Only Weekend!"

What moms are saying about Hearts at Home



"The Hearts at Home conference is a time of renewal, refreshment, honesty, and a time to focus on myself and who God wants me to be. I KNOW that God has put Hearts in my life and it has helped me be a better Mom!"

~K.S. mom of three

Creating the Moms Group You've Been Looking For



Would you like to start a moms group? Would you like to bring new energy to your role as a moms group leader? If you can answer yes to either of these questions, take a look at *Creating the Moms Group You've Been Looking For* by Jill Savage, founder and director of Hearts at Home.

Creating the Moms Group You've Been Looking For is a valuable resource manual that addresses the needs of both rookie and

veteran moms group leaders. This book supplies leaders with the vision and "how-to" of starting a moms group. It can serve as a consultation manual for women taking their group to the next level and also provides church leaders with a comprehensive view of a mother's ministry.

Here's what one mom had to say about *Creating the Moms Group You've Been Looking For*.

"This book has been invaluable to me as a moms group leader! It seems that every time I read through it, I find something new that will help me in my role."

This book is available in the [Heart Shoppe](#).

Looking for Curriculum?

Hearts at Home offers three volumes of Moms Group Curriculum. Each volume contains eight DVDs of some of the most popular Hearts at Home workshops, as well as a CD with outlines and discussion questions for each DVD. Moms Group Curriculum can be found [HERE](#) in the Heart Shoppe.



We also encourage you to check out the Mom to Mom curriculum. This biblical-based program consists of DVDs, CDs, leader guides and participant workbooks. DVD teaching sessions, followed by small group interaction, form the basis of instruction. Topics cover all facets of a mother's life. This program is offered by Mom to Mom ministries. Visit them on the web at <http://www.momtomom.org/>.

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