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## September 2011

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One mom wrote on her conference evaluation form that Hearts at Home was her "emotional and spiritual reboot."

I love that concept!

Just like a computer becomes overloaded and it needs to be restarted, we as moms also become overloaded and need a fresh start.

If only it was as easy as pushing a button!

September is a reboot, of sorts, for our school-age children. They get new pencils, notebooks, classes, and teachers. They get a fresh start in a new grade.

I love the flexibility of the summer, but I am always ready for the routine that comes with September. That new routine is a reboot for me as a mom. It's where I evaluate what Bible study or prayer group I'll do in the fall, or what moms group I'll be a part of. It's also where I rethink how to best manage household tasks like laundry, meal plans, and grocery shopping. It's a much needed fresh start for this sometimes weary mom.

God is all about fresh starts, and He graciously gives that to us with the different seasons of the year and the different

seasons of life.

Join me in embracing whatever reboot is part of your September. Be intentional about starting something new in your life. Rethink routines and try something different to see if it works better for you.

The fresh start of September is not just for kids...it's an opportunity for us to push the reset button, too!

Joining you in the journey,

***Jill***

Wife of Mark

Mom to Anne, Evan, Erica, Kolya, and Austin

Nana to 16-month-old Rilyn

## Three Ways to Push the Reset Button

### Join a moms group.

Many churches have very active moms groups. Search church websites in your area to find a group in your community.

Another great way to find a moms group is through [MOPS](#). MOPS (Mothers of Preschoolers) offers groups for both moms of preschoolers (classic MOPS groups) and moms of school-age children (MOMSnex groups). They also have special groups for military moms, teenage moms, and more! Find a group in your area [HERE](#).



### Start a Hearts at Home Go-To Group

Do you have a Hearts at Home book you've wanted to read, but just haven't had the time? Do you have a favorite Hearts at Home book you'd like to read again with a group of moms? A Hearts at Home Go-To Group is a small group of moms who get together once a week to enjoy some adult conversation and discuss a Hearts at Home book.

Most [Hearts at Home](#) books have leader's guides built right into them so whether you're an experienced leader or a newbie, you'll be equipped to lead a great discussion! *If you start a Hearts at Home Go-To Group with a Hearts at Home book in September or October, you could win a Skype conversation with Jill for your group. To be entered into the drawing, email Lisa ([Imecum@heartsathome.org](mailto:Imecum@heartsathome.org)) with the title of the book your*

group is reading and the start date of your group.

### Join a Moms In Touch group

If your children are school-age, one of the most important things you can do for them is pray. Moms in Touch connects you with other moms to pray for your children and their school. Find a group in your area [HERE](#).



## God's "Mom Revolution" Truth for You

*"My dear children, let's not just talk about love; let's practice real love. This is the only way we'll know we're living in God's reality. It's also the way to shut down debilitating self-criticism...For God is greater than our worried hearts and knows more about us than we do ourselves."*

*I John 3:18-20 The Message*

***Ready for your reboot?***



Click on the screen above to catch the conference excitement!

Then grab some girlfriends (a group of 10 will get you each a \$10 discount!) and make plans to attend one of our fall conferences!

**REGISTER NOW!**

for the Western Conference, October 7-8, in Colorado Springs, Colorado.  
(Best value registration deadline is September 14!)

**REGISTER NOW!**

for the North Central Conference, November 4-5, in Rochester, Minnesota.

(Best value registration deadline is October 12!)

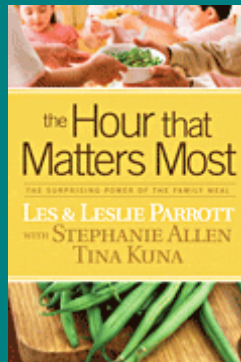
*Can't make it this year?*

**REGISTER NOW!**

for a Conference To-Go!

***Need some inspiration?***

This book makes you crave a daily, sit-down family mealtime.



**Hearts at Home helps you...**

**...build a community of mothering support.**

**...find the continuing education you need as a mom.**

**...improve your time management and run your**

**home more smoothly.**

EVERY **mom.**  
EVERY **stage.**  
EVERY **day.**

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