

"I wish she would sleep through the night."

"I wish he could walk."

"I can't wait until she goes to school."

"I wish he could make a meal for himself."

"Oh, how I wish she could drive!"

"I wish they were little again..."

Every mom does it.

We focus on what's next instead of what's now.

What if we learned to live ***in the MOMent***? What if we moved our eyes to the bigger picture and stopped sweating the small stuff?

In the MOMent, the 2012 Hearts at Home National Conference, is coming to the Mayo Civic Center in Rochester, MN on November 9-10, 2012. Expert advice from women representing diverse facets of motherhood will help you gain a fresh perspective, regardless of the age or stage of motherhood you are in.

Are you up for a challenge?

Ready for a fresh perspective?

Need your mom batteries recharged?

Grab some friends and come learn to delight in an ordinary day and in the beauty of the MOMent you are in.

For more information about the conference and to register, visit www.HeartsatHome.org.



**Join us for our
North Central Conference
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